PASTOR GENERAL'S



REPORT TO THE MINISTRY OF THE WORLDWIDE CHURCH OF GOD

VOL. 8, NO. 13

PASADENA, CALIFORNIA

MARCH 28, 1986

Dear Ministers,

"The Resurrection Was Not on Sunday," Mr. Richard Ames' first telecast, produced 28,154 calls—the third-highest weekend WATS response ever! Last year's program on the same subject brought in 17,008 calls, which was the second-highest weekend total at that time. If this trend continues, Mr. Ames' second program, which is about Easter, should bring in even more calls. Again, thank you ministers and wives for your prayers about the program. And please convey our appreciation to the brethren for their prayers as well. I know God is pleased when we are all unitedly focusing our minds on His Work in heartfelt prayer.

Mr. David Hulme, whom I have designated as Director of Public Relations (along with his duties in Media Purchasing), reports that progress is being made by various media agencies to put together networks that will make U.S. programming widely available in Europe. We have already been negotiating with them to air "The World Tomorrow." Please remember these doors in your prayers. The door to Europe is indeed a big one! Ask God to lead us in walking through it.

In going over Mr. Larry Salyer's comments to you in this issue of the "Pastor General's Report," I want to emphasize a couple of points to you pastors. As God's ministers, you are instruments in His hands, being used by Him to serve His people. God has given you a certain authority, spiritually speaking, over His people. Yet He holds you responsible to bear that authority with complete humility, always in love, having sympathetic understanding for people, even when you must correct them. Correction should always be done only after much prayer, being sure that any resentment or undue indignation over their faults or wrongdoings has been eliminated from your heart. On occasion you may need to be firm. In some rare instances you may need to put one out of fellowship as God commands in Romans 16:17-18. But always remember God does everything for our good, even when He punishes us. As His instruments we must deal with His heritage the same way. Be sure to read Mr. Salyer's comments carefully.

By the way, I want to announce here that Mr. Salyer is now to take on the full responsibility of Director of Church Administration, effective immediately. Be sure to include him daily in your prayers. I know the

IN THIS ISSUE			
From the Pastor General	٠	•	1
From Church Administration.	•	•	4
Media Purchasing Update	•	•	5
Ambassador College Update .	•	•	6
Fleet Administration Update	•		7

On the World Scene. .

intense pressure of that responsibility and the <u>need</u> for God's guidance and direction. Mr. Salyer is your direct supervisor. Your greatest support of the role Christ has given him will be time spent on your knees.

Passover is fast approachir During this time of year each of needs to be deeply reexam; ourselves, taking stock of spiritual condition. Is it pc

8 1986 Worldwide Church of God

for a minister of Jesus Christ to become so busy preaching, teaching, counseling, correcting and encouraging God's people that he doesn't take the time to prayerfully look at his own sins, weaknesses and shortcomings? Can he be so wrapped up in serving others that he allows his own spiritual condition to deteriorate?

He certainly can!

Don't deceive yourselves! God works through human instruments. He tells us He can do his Work through stones if He has to. Yes, God can use you to do His Work even if you are neglecting prayer, Bible Study, fasting, repentance and overcoming. But, He will not do so for long!

God is patient. He is merciful. He gives us time to see the error of our ways and repent. But He won't wait indefinitely.

I have said many times that God's ministers must set the pace. Leaders must lead. Let's look closely at ourselves, asking God for His Spirit to guide us in recognizing the areas in which we need to change. In which areas of personal conduct or attitude do we need to repent? In which areas have we let down or neglected backing up God's government? In which ways have we watered down or failed to enforce God's Word properly, whether in doctrinal areas or in policy areas? Let's look at our marriages, our child-rearing practices, our dealings with others and every other aspect of our lives. Are we truly striving to follow Christ's example in all we do? Are we growing in the areas of bringing every thought into the captivity of Christ? Are we taking seriously His admonition to come out of this world?

Our great High Priest, the living Jesus Christ, the Author and Finisher of our faith, the Captain of our salvation, is right now at the right hand of the Father. He is the voice of experience. He has experienced human life firsthand. He is there as our intercessor, speaking up on our behalf. He is our Savior--the One who saves us. Sometimes our limited, fleshly, human minds can forget that we need saving. But aside from the fact that this human existence itself is only temporary, we need saving from death--the end product of our natural conduct and way of life. This great God, Jesus Christ, suffered that penalty for us. And that payment in our stead applies to us if we are willing to repent of our own natural way of doing things and looking at things.

God has extended to us indescribable mercy. We don't deserve it. We didn't earn it. But He gives it to us anyway. Jesus Christ calls us His brethren. God the Father calls us His begotten children. How much do we appreciate it?

Each year at this time, God gives us the opportunity to focus on what He has done for us and on what He has made available to us. As His ministers let's <u>set</u> the pace in self-examination, overcoming and recommitment to His magnificent calling!

Finally, I want to share with you some of the comments about Mr. Ames' telecast. I'm including several, but I think you'll find them interesting and inspiring.

"Could you tell this man today that he has a great way of explaining things? He goes into detail and that way you can't just brush it off. It helps you a lot."

Washington

"I stayed home from church today because I was sick. This is the first time I've seen the program. I didn't know all this about Easter. I've got to tell my minister about this. I don't think he knows it is wrong."

New Jersey

"Excellent--I want to look into it! I am a Catholic, but I listened to Herbert W. Armstrong constantly when he was alive. I'm very impressed and stimulated by Mr. Ames. He seems to be a scholar in the tradition of Mr. Armstrong."

Illinois

"I've been taught for so many years that Christ rose on Sunday. I heard Mr. Armstrong explain this many years ago, but I was reluctant to phone in then. Today I just felt I should stay home from church services. I caught your program and felt I had better phone in. I'm looking forward to receiving the booklet."

New York

"I have listened for 27 years and this is the first time I've called in. I thought the world of Mr. Armstrong. I thought the program tonight was very interesting. I always wondered about those three days myself."

Texas

"I thought it was fantastic. I watch it four times a week in order to get all of it. Today I took lots of notes!"

California

"There is an argument in my neighborhood about Easter, and that man cleared it up so well! I miss Mr. Armstrong terribly, but this new gentleman is excellent. He shows everything so clearly, right from the Bible."

Minnesota

"Wonderful program! Wonderful! This small town is all gathered here to see Mr. Ames and he is great! I am 68 years old and have never called a program before. Wonderful gentleman, Mr. Ames is, to speak the truth so boldly."

Texas

"That was a wonderful thesis! I had never heard it put that way. Everything was well documented. I want to show the book to my minister to see what he thinks about it. And I am not afraid to show it to him either. I really enjoyed the program."

Pennsylvania

"Mr. Ames seems more interested in the program than in himself. Most TV ministers seem more interested in themselves."

California

"It was great! I loved the way he explained it so clearly using Bible references. It is hard to believe the whole world is wrong!"

Ohio

Sincerely, in Jesus name,

Joseph W. Thach

FROM CHURCH ADMINISTRATION

ADMINISTERING GOD'S GOVERNMENT; FESTIVAL TRANSFER APPLICATIONS

Surely in God's ministry one of the most critical responsibilities we have is that of administering God's government.

God is a loving, patient and compassionate God who is eager to share His life with us through all eternity. And though He has all power He does not use it capriciously or carelessly, even when provoked. That is what He means when He says, "I change not; therefore ye sons of Jacob are not consumed" (Malachi 3:6). And again, "I have no pleasure in the death of the wicked" (Ezekiel 33:11).

Because He is perfect in character, Christ is qualified to rule the universe, and He will be assisted by the saints, redeemed from among men. Christ rules in His CHURCH today, through His laws, His Spirit and His ministry. He uses the government of His Church to carry out the process of building character in Christians while protecting them from the elements of this world. Remember Jesus' words in prayer to His Father: "I pray not that thou shouldest take them out of the world, but that thou shouldest keep them from the evil" (John 17:15).

Much of the job of the ministry in preaching and in personal counsel is to help our brethren distinguish between the <u>righteousness</u> of God and the <u>evil</u> of this world by expounding to them God's law and showing them how to apply spiritual principles to daily living! Added to this, of course, is the need to <u>encourage</u>, <u>inspire</u> and <u>exhort</u> people to actively fulfill God's will and "grow in grace, and in the knowledge of our Lord and Saviour, Jesus Christ" (II Peter 3:18).

To put it bluntly, it is a job none of us can, humanly, do. Only with the "love of God...shed abroad in our hearts by the Holy Spirit" (Romans 5:5) can we begin to have the personal character and attitude of sacrifice required to make <u>full proof</u> of our ministry.

I know that you ministers work long and hard to serve God's people and to wade through the myriad problems that arise in your local congregations. Remember that sometimes, especially if a minister doesn't stay close to God or his family, the burden of these responsibilities could begin to affect his approach to people. He can become <u>irritable</u> and <u>defensive</u>, which can lead to impatience and harsh responses to people's personal needs. He may even begin to imagine that certain of his flock have become

his adversaries. THIS IS NOT FAR FETCHED SPECULATION. It can and does happen to ministers in this world and it can happen to you!

Let's not forget God's promises. He says through Peter, "Casting all your care on him; for he cares for you." And Jesus said, "Come unto me, all ye that <u>labor</u> and are <u>heavy laden</u>, and I will give you rest." We are laborers together with God, as Paul says, and we must let Him carry the bulk of the load!

Surely there is a time to be firm in correction and reproof. Christ has given us the authority to rebuke sinners and protect His flock when necessary. When you know that is needed, don't shrink from it! But make sure you have all the facts and a right attitude and approach. God's ministers should never develop a reputation for being hasty in their judgments and harsh in their actions. God does not deal with us that way, and we are to be a reflection of Him.

As we approach the Passover season let's examine our own spiritual condition by the fruits of our labors. How do we measure up to Christ's instructions for us given through Paul to Timothy? "And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient, in meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; and that they may recover themselves out of the snare of the devil, who are taken captive by him at his will" (II Timothy 2:24-26).

Your example of God's government in action will greatly affect how members perceive the Kingdom of God!

Festival Transfer Applications The Festival Office has been mailing out applications for several international sites in recent days. These forms call for a pastor's signature before they can be processed. We would like to remind you that your approval should cover two areas: First, your approval based on your acquaintance with the individual as to his or her personal example at an overseas Feast site; and second, the member's ability to afford the overseas trip and Feast arrangements, even though some of the Feast applications don't require this information. Before you sign their form please take the time to ask applicants a few simple questions regarding how well they have prepared for an overseas transfer.

--Larry Salyer, Church Administration

MEDIA PURCHASING UPDATE

Sometime last year I wrote in this column that 1985 was shaping up as a watershed year in European broadcasting. Well, the pace has not slackened. Along with Frank Brown and David Gunn, Larry Omasta and I were able to attend a two-day Cable & Satellite TV Conference in London in early March, organized by THE FINANCIAL TIMES. Speakers represented some of the major players in the drama being enacted in Europe these days. But this is a drama being played out behind the scenes, not on the screens. A great deal of maneuvering is taking place as France and other nations deregulate the air waves. It appears that we will be able to be on cable TV in Britain, just as soon as we can put together programs according to British specifications. This involves a different ending to the program

and separating the literature offered from the main body of the program. The British Cable Authority, a quasi-government watchdog organization, has approved the program and a small cable company has already accepted the telecast.

In France, we anticipate airing the subtitled program in the very near future—the ownership of a new French channel has already requested "The World Tomorrow."

A couple of days after the conference began, a quick visit to BBDO offices in Duesseldorf confirmed an opportunity to go on the German-language service of RTL-TV (Radio/Television Luxembourg) reaching about one million people in the Saar region of Germany. This is a small but important beginning. As soon as we can complete subtitling programs in German, we will test the waters.

New opportunities are developing almost daily, and of course the finances to complete these initiatives are not always immediately available. As Mr. Tkach has mentioned, please ask the brethren to pray not only for open doors but also for the financial ability to walk on through.

On a personal note, I want to thank every one of you for your prayers, and those of the brethren, on behalf of my wife and me. Your many expressions of love and concern over the past months have been overwhelming. Robin is recovering well, attending services regularly, driving the car, shopping and generally leading a normal life. We thank God for her continued progress and healing. We thank you for your part. We have learned a great deal. God certainly knows what He is doing in all of our lives. Thank you again.

-- David Hulme, Media Purchasing

AMBASSADOR COLLEGE UPDATE

All continues very well with Ambassador College here at Pasadena. We recently had some meetings with Mr. Leslie McCullough and Dr. Donald Ward concerning which Big Sandy students will be accepted at Pasadena for the coming year.

We have already received 763 applications from students wanting to enter Ambassador College for the coming year. It is always difficult to have to turn so many down. We all need to pray that God will guide and direct in these matters.

It is good to see Mr. Tkach, the Chancellor of the College, taking a very active part in college matters. During the 1986-87 college year he hopes to arrange to continue the special dinners for all seniors in the College. He has just been too busy with his many responsibilities to invite the seniors to the Social Center during this second semester. He does hope, however, to plan some special occasion at which he will honor the seniors before the end of this semester.

Before long all of us will be observing the Passover and Feast of Unleavened Bread. We ministers here at Headquarters always look forward to meeting you ministers, your wives and congregations when we take trips out into the "field." And we pray that our visits are always both refreshing and inspiring to God's people.

Please continue to remember Ambassador College in your prayers—that God may continue guiding and directing affairs as He wants them to go. Important decisions are now being considered relative to the campuses, so please continue praying for Mr. Tkach and for all of us involved with the College. We don't forget you ministers in your important functions as servants on the front line of God's Work—and we know you won't forget us!

-- Raymond McNair, Deputy Chancellor

FLEET ADMINISTRATION

ECM; SAFETY TIP

ECM The electronic control module, or ECM, is the central computer that controls the engine's fuel, ignition and emissions systems. It has been a part of General Motors fuel systems since mid 1980. The purpose of the ECM is to keep engine emissions at federal standards and its function is to get maximum fuel economy from the engine. Various sensors keep the ECM informed of such things as oxygen content of engine exhaust, coolant temperature, engine vacuum (an indication of engine load), barometer pressure (an indication of altitude), throttle position and vehicle speed. The information that the ECM receives from these sensors allows it to make decisions as to how much fuel should enter the engine, ignition timing position and the function of emissions parts. Because the ECM uses inputs to control various outputs in a never-ending cycle, it is referred to as a "closed loop" system. An ECM failure could result in the "service engine soon" light coming on, poor driveability and increased engine emissions. The ECM is covered under the federally mandated GM five-year/50,000 mile warranty.

Safety Tip Instead of looking just a few feet ahead of you--as most drivers do--look as far down the road as you can. Let your peripheral vision control your direction. You'll find that you drive much more smoothly and have better anticipation of potential hazards. Also, drive defensively at all times, and drive according to surrounding weather conditions. Last, and most important, buckle up!

-- Dean May, Fleet Administration

ON THE WORLD SCENE

NICARAGUA CONTROVERSY BOILS ON; OLOF PALME: HOW MUCH OF A PEACEMAKER?; WATCH THOSE "MCNUGGETS"

Determined President Confronts "Half-Courageous" Congress Last week President Reagan lost the first round in his effort to supply funds to what he calls the "freedom fighters" battling the Marxist government in Nicaragua. The Democratic-majority House of Representatives turned down his \$100 million funding request; the Senate is likely to approve it. The measure then goes to a joint legislative committee for possible compromise. The House might, in addition, take up the whole issue again next month.

Mr. Reagan has said he will come back to Congress again and again for money to aid the <u>contra</u> cause. He perceives a danger to U.S. security that many legislators either do not or are afraid to face. In his sobering March 16 nationwide television address, the President warned that "a second Cuba, a second Libya" is being established "right on the doorstep of the United States." He noted that he had only three years left to serve his country and that he could not "sit back and permit this cancer to spread, leaving my successor to face far more agonizing decisions in the years ahead."

The persuasive Mr. Reagan may yet get his way, partially at least, with a balky Congress. The cancer just might go into remission for the remainder of Mr. Reagan's term, with barely enough material flowing to the contras to keep them from collapsing, meanwhile tying down the Sandinista forces, preventing them from subverting their neighbor countries. But after 1988, look out! The attitude of today's Congress, meanwhile, drew a sharp criticism from Michael Novak, writing in the March 14 WASHINGTON TIMES:

Many in Congress these days show half a profile of courage...

If they had their way, they would remove every last right-wing dictator at sun up. Facing right, they show magnificent profiles of courage.... Show them a left-wing Marxist-Leninist dictatorship, and they...always want to "negotiate."

This asymmetry reflects true costs. These days, to oppose dictatorships on the right costs no American blood. Such vaunted potentates as Anastasio Somoza, the Shah of Iran, Jean-Claude "Baby Doc" Duvalier, and Ferdinand Marcos have fallen like overripe rose petals. To oppose Marxist-Leninists, by contrast, means a commitment of blood and treasure... The left has taken the measure of Soviet power in Nicaragua, and has decided to back away....

Here is how they reason: While they are sure the Sandinistas are Marxist-Leninists, they are not sure the resistance forces opposing them are completely democratic.... They point out that several (but not all) of the field leaders of the Nicaraguan resistance are former officers under Mr. Somoza. (They do not raise this objection against Gen. Fidel Ramos or Defense Minister Juan Ponce Enrile [who served President Marcos until their defection] in the Philippines.)... Pity those who yearn for liberty and justice in the meantime. Democrats like FDR, Harry Truman, John F. Kennedy [who wrote the book Profiles in Courage], and Henry M. Jackson would have been disgusted.

In the March 16 LOS ANGELES TIMES, colunnist Charles Krauthammer compared Congress's "we-don't-want-to-get-involved" attitude with the positions held by isolationists in the 1930s who didn't want to act to help forestall the gathering storm clouds in Europe. Krauthammer made one distinction, however:

At least the isolationists of the '30s had an idea: hunkering down and hiding from the world in our own hemisphere. Where do we hide?

The Editor-in-Chief of U.S. NEWS AND WORLD REPORT, Mortimer B. Zuckerman, gave this sobering assessment of the deepening crisis in Central America in the March 24 issue of his magazine:

On the very day in 1983 when our group arrived in Managua, the Sandinistas shut down the leading newspaper, LA PRENSA. Why? Because LA PRENSA carried a news story the Sandinistas wanted to cover up.... Prior to that visit, my sympathies had been with the Sandinistas, who had fought bravely to rid Nicaragua of the despicable Somoza. But it became clear that Nicaragua is a revolution gone awry....

The Sandinistas have made no secret of their policy of exporting their brand of revolution—what they have called "revolution without boundaries."... Nothing is more likely to lead to direct U.S. military involvement in the region than the emergence of a militaristic, anti-American (the Sandinista anthem goes "Down with the Yankees, the enemy of humanity"), aggressive, totalitarian regime in Nicaragua bouncing around Central America like a loose cannon. This is why the region is so critical to U.S. security.

We can't allow a second Cuba. So what can we do? We should both talk and carry a big stick—what is called a two-track policy.... We should test them by asking for a withdrawal from the Soviet sphere of influence and a commitment to peaceful coexistence.... The Sandinista record is one of broken promises. But this test is worth a try—if only to demonstrate to doubters in our country and elsewhere the alien nature of the Sandinista regime.... The Democrats should think hard and long about what is at stake. It is more than simply a semblance of freedom in Nicaragua. It is peace and stability throughout Central America—which after all lies in our own backyard.

Palme's death: Chickens come home to roost Police in Stockholm, Sweden, are still at a loss for clues leading to apprehension of the person or persons who assassinated Prime Minister Olof Palme on March 1. The motive for the crime is equally unclear. The murder stunned the Swedish populace, which was accustomed to having its chief executive pop up unannounced and unescorted in public. But no longer can Swedes claim "it can't happen here."

Even though Mr. Palme was widely respected in the world, especially in Third World countries for whose causes he ardently strove, he had his domestic detractors. Critics on the right claimed he was far too soft on Communism, especially toward the Soviets, whose submarines snoop in Swedish coastal waters almost with impunity. Officers in Sweden's military were becoming so disheartened over this ongoing problem that some of them had come out in favor of Sweden joining NATO, a course which would terminate Sweden's long-standing principle of neutrality.

Mr. Palme, reported the March 3 TIMES of London, also "appeared to take particular relish in criticising the United States." In 1968 he marched in an anti-American demonstration in Stockholm with North Vietnam's

ambassador to Sweden. His sympathies in El Salvador and Nicaragua were decidedly not the same as those of Washington. In other parts of the world, too, Mr. Palme and others in his Social Democratic Party were engaged not so much in efforts at peace in the abstract, but peace according to their own particular ideological bent. They pursued a policy of, as the INTERNATIONAL HERALD TRIBUNE called it, "provocative, humane neutrality." This meant, for example, aiding guerrilla movements in southern Africa.

Olof Palme was widely eulogized as a man of peace, a global humanitarian, but his quest for peace was, like all other human quests for peace, dictated by definite political and ideological objectives. More than most realized, Palme, too, lived to support the revolutionaries' sword or bullet—and perished by it.

The Fast (Food) Track to a Heart Attack Here's an item we thought might be particularly interesting to those of you who must eat more than the usual number of meals on the road. Entitled "Here's the Beef: Fast Foods are Hazardous to Your Health," the article by Michael H. Brown appeared in the April issue of SCIENCE DIGEST. It may make you think twice about turning into that fast-food place. This information might also help your teens and sub-teens resist the typical, full complement high-fat fast-food meal (burger, fries and shake).

America is fat conscious. Increasingly, we pass up red meat, full of saturated fats, in favor of lowfat chicken and fish...fry food in polyunsaturated vegetable oil. We also eat more fast food than ever, but to accommodate our changing tastes, McDonald's and Burger King and the other fast-food chains have provided us with chicken nuggets and fish sandwiches. We munch them blissfully, along with an order of french fries--assuming, naturally, that everything is cooked in vegetable oil.

It isn't. It's cooked in beef tallow. The Center for Science in the Public Interest (CSPI), a consumer group based in Washington, D.C., created shock waves recently when it had fast-food french fries tested by Frank Sacks, an assistant professor at Harvard Medical School. He found that the nation's largest fast-food chains--including McDonald's, Burger King, Wendy's, Arby's, Hardee's, Big Boy and Popeye's--were frying them in beef tallow....

Critics of such practices note that children, who are major consumers of fast food, are susceptible to the first stages of atherosclerosis from the age of 2 onward, although actual changes don't appear until age 11. The condition is one in which fat and cholesterol contribute to the formation of plaque on the inner walls of arteries, narrowing the channels through which blood flows. William P. Newman III, of Louisiana State University Medical Center, found recently that of 35 youths who died from age 7 to 24, all but six had the earliest signs of atherosclerosis.

"We're clogging up their arteries," says Tazewell Banks, director of the Heart Station at D.C. General Hospital in Washington. "If you hate your children, you tell them to play in the street. Not quite as bad, but in the same direction, if you hate your children, send them to those fast-food places."... "Forty-six percent of all American men at age twenty-two already have the beginnings of coronary heart disease," says Banks....

SCIENCE DIGEST followed up by commissioning Sacks to do some more tests, which showed that the fatty-acid profiles of McDonald's Chicken McNuggets and Filet-O-Fish and Burger King's Chicken Sandwich and Whaler resembled beef more than chicken or fish. And, according to industry figures, Burger King's Chicken Sandwich contains 42 grams of fat--equivalent to a pint and a half of Sealtest ice cream.

Tallow is fat trimmed from meat cuts and rendered into shortening. It is not only fat but the worst kind of fat; it is highly saturated, a chemical classification for fats that, according to Sacks, both incite the body to produce cholesterol and decrease the body's ability to break down and excrete unused cholesterol... Although vegetable oil is often mixed in, beef tallow is frequently the main cooking oil. And it's more saturated than lard....

At McDonald's, the nation's largest source of fast food, no secret is made of its frying technique. "We use the highest quality of beef and vegetable shortening, and the reason we use that shortening is because it produces the highest quality finished product and the best-tasting one," says spokesperson Terri Capatosto.... 1984, 1.3 billion pounds of beef tallow were used in America, most for frying, some in margarines. Its cooking advantages are simply put: Tallow is relatively inexpensive and doesn't break down at high temperatures, as unsaturated vegetable oils do. Moreover, the fat is flavorful....

The National Institutes of Health (NIH) and other agencies, meanwhile, are recommending a 25-percent cutback in all dietary fat. With the average person consuming about 89 grams of fat a day, according to CSPI, that would mean a reduction to about 67 grams. "Some fast-food restaurants have sixty-seven grams or so of fat in just one meal," notes Liebman....

Indeed, according to both CSPI's and McDonald's own figures, a regular packet of french fries contains 11.5 grams of fat--one-sixth the maximum recommended daily intake and more than is in a hamburger. While a 10.75-ounce chocolate shake has 9 grams, a Big Mac has about 34. At Burger King, a double Whopper with cheese has 61 grams all by itself....

SCIENCE DIGEST asked Frank Sacks of Harvard Medical School to analyze the fatty acids in three brands of frozen french fries and in fish and chicken from McDonald's, Burger King, Howard Johnson's and Kentucky Fried Chicken... About 37 percent of the fat in McDonald's Chicken McNuggets and Burger King's chicken fillet sandwich and over 40 percent of that in the two chains' fish was saturated. "Quite simply," says Sacks, "the favorable fatty-acid content in chicken and fish is destroyed by the cooking process, which involves the addition of beef tallow..."

A portion of frozen french fries, which are fried and then sprayed with more fat before freezing so they will "fry" in the consumer's oven, had about half the fat contained in fast-food fries....

Scientists disagree on precisely what different fats do to the body and exactly how the effects come about, but some studies show that polyunsaturated fats, such as safflower oil, both decrease the body's ability to manufacture cholesterol and, up to a point, increase the rate of breakdown and excretion of cholesterol from the body. Other studies suggest that monounsaturated olive oil also lowers blood cholesterol levels....

The companies dispensing beef-fried foods continue to find new outlets. According to a Washington, D.C., advocacy group, the Food Research and Action Center, a school cafeteria in Lexington, Massachusetts, gets some of its food from McDonald's. In Fort Lauderdale, Florida, the chain attempted to build an outlet right inside a school but was denied permission. In Miami its competitor is rolling out mobile restaurants, called Burger King Expresses, which will be sent around to college campuses.

So far, the big chains have remained above the fray over fat, emphasizing the positive instead of disclaiming the negative. In so doing, they stick to their most powerful weapon: advertising. In 1984 alone, McDonald's, Burger King and Wendy's together spent \$457 million on network and local television slots... No advertisement, however, is likely to outdo the Wendy's commercial in which the chain's former star, Clara Peller, peeked into a giant-size, scantily filled bun and complained loudly, "Where's the beef?" As we know now, it's in the chicken, fish and french fries.

If our allegedly Judeo-Christian society would simply follow the instructions concerning consumption of fats given in Leviticus 3:17 and 7:23, we could avoid much of the cholesterol buildup problem.

--Gene Hogberg, News Bureau